

WEEK 3 DISCUSSION QUESTIONS

REDEMPTION BEGINS WHEN YOU SAY YES TO REBUILDING.

QUESTION 1 - PRAY BEFORE YOU BUILD

Nehemiah's first response to the ruins of Jerusalem wasn't to grab a hammer it was to pray. How does prayer prepare your heart before you start rebuilding something that's been broken?

FOLLOW-UP PROMPTS:

- Why do you think our first instinct is often to act instead of pray?
- What does it look like to bring your honest emotions to God, like Nehemiah did?
- How might prayer change your confidence in what God is calling you to rebuild?

SCRIPTURE TIE-IN:

Nehemiah 1:4 – "When I heard these things, I sat down and wept. For some days I mourned and fasted and prayed before the God of heaven."

QUESTION 2 - SURVEY THE RUINS

Before rebuilding, Nehemiah took time to walk through the ruins and face the damage honestly. What does it look like in your life to "survey the ruins" instead of ignoring or denying what's broken?

FOLLOW-UP PROMPTS:

- Why is it sometimes hard to be honest about what needs rebuilding?
- What might God want to heal once you name the broken places?
- How can facing the reality of the situation actually lead to hope?

SCRIPTURE TIE-IN:

Nehemiah 2:13 – "By night I went out through the Valley Gate... examining the walls of Jerusalem, which had been broken down."



QUESTION 3 - RALLY YOUR PEOPLE

Nehemiah didn't rebuild alone—he rallied people to help carry the dream. Who has God placed around you to help you rebuild, and how can you invite them into the process?

FOLLOW-UP PROMPTS:

- Why do you think rebuilding often requires community instead of isolation?
- Who in your life encourages you to keep building when you want to give up?
- How can you also help someone else rebuild what's been broken in their life?

SCRIPTURE TIE-IN:

Ecclesiastes 4:9–10 – "Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up."

QUESTION 4 - DEFEND YOUR DREAM

When Nehemiah began rebuilding, opposition immediately appeared. What distractions, discouragements, or fears tend to threaten your God-given dreams?

FOLLOW-UP PROMPTS:

- How can prayer help you stay focused when resistance rises?
- What's one practical way you can "build with one hand and defend with the other" this week?
- Can you think of a time when opposition was actually a sign you were on the right path?

SCRIPTURE TIE-IN:

Nehemiah 4:17 – "Those who carried materials did their work with one hand and held a weapon in the other."



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QUESTION 5 - REBUILD WITH WHAT REMAINS

Nehemiah's wall was completed in just 52 days because he trusted God and stayed faithful. What's one area of your life that feels like rubble right now, and how can you begin to rebuild with what remains?

FOLLOW-UP PROMPTS:

- What small "brick" could you place in God's hands this week?
- How does remembering God's past faithfulness help you keep building today?
- What might God want to teach you through the process of rebuilding, not just the outcome?

SCRIPTURE TIE-IN:

Nehemiah 6:15 – "So the wall was completed in fifty-two days, with the help of our God."